

Laws Across the USA

| States Without a Massage law | 32 States Exempting Reflexology From Massage Law | | States With Reflexology Laws |
|---|--|---|---|
| Kansas Minnesota Vermont Wyoming (Reflexology is not regulated and not licensed under massage) | Alaska Arizona California Colorado Georgia Idaho Illinois Indiana Iowa Kentucky Maine Maryland* Massachusetts Michigan Minnesota~ Missouri Montana | Nevada New Hampshire New Jersey New Mexico North Dakota North Carolina* Oklahoma# Oregon* Pennsylvania Rhode Island* South Dakota Tennessee Texas+ Utah Washington Wisconsin | North Dakota - 1992 (Licensing law) Tennessee - 2001 (Registration law) New Hampshire - 2010 (Licensing law with 2 other disciplines) Washington - 2012 (Licensing law with massage) Nevada – 2017 to be effective 2018 (Licensing law with 1 other discipline) |
| * based on reflexology being considered energy work ~ Under Health Freedom of Access law + under Massage Board's FAQ page # Title law only protecting the term "massage" | | | |

Note:

Massage Law. In order to practice legally in those states with a massage law and no exemption, reflexology is often licensed under massage through the broad definition of massage contained in the law. Reflexologists will need to check with the Massage Board and its Rules and Regulations to determine if reflexology is covered and abide accordingly.

Where reflexology is exempt from the state massage law (either by exact use of the word reflexology or wording indicating "work restricted to the feet, hands and outer ears"), the reflexologist must abide by local rules and regulations of the city or county and have a license to do business.