



"Connect to Your Greatness...Sole to Soul"

New York City (212) 532-4404
Delray Beach (561) 272-1220
Wakefield, RI (401) 515-4507

Laura Norman's Media & Public Appearances

National Television

ABC

Good Morning America
Regis & Kelly Live
New York Non-Stop
with Roz Abrams
The View
with Barbara Walters

CNN

Dr. Judy Kuriansky
Japan Body, Mind & Health
Sonia Friedman, Ph.D

FOX

Good Day New York

NBC

Extra
The Phil Donahue Show
The Today Show
TV News

NY1

PAX

Woman's Day

Public Access

Financial News
News 12

UPN

News at 10:00

National Newspapers

Chicago Tribune
Crain's New York Business
Daily News
Newsday
New York Observer
New York Post
New York Times

International Newspapers

London Times
Women's Wear Daily

National Magazines

Alive
American Health
The Artful Mind
Better Homes & Gardens
Child
Cosmo Girl
Cosmopolitan
Elle
Entrepreneur
Family Circle
Fitness
First for Women
Footwear Press
Forbes- FYI
GQ
Good Housekeeping
Harper's Bazaar
Healthy Living
InStyle
Lear's
Longevity
Mademoiselle
Massage
Massage Therapy Journal
Mode
Modern Bride
Nailpro
New Age Journal
New Body
New Woman
New York Magazine
New Yorker
Prevention
Runner's World
SELF
Time Out New York
Town & Country
Travel & Leisure
US
Vegetarian Times
Vogue

National Magazines

Walking
Weight Watchers
Woman's Day
Woman's World
Your Health
ym

International Magazines

Cosmopolitan Japan

Radio Interviews

The Gary Null Show
The Howard Stern Show
The Joan Hamburg Show
Love Phones with Dr. Judy
Kuriansky

Published Monthly Column

The Artful Mind
Health Map

Public Appearances

Citicorp Health Event
Club Getaway
Cruise Ship: Inner Voyage
World-Class
Esalen Institute
Eneslow Podiatry & Pedorthic
Conference
Eneslow Shoe Promotion
Fashion Group International
Health Fair at Time Inc.
Health Map Expo
Learning Annex
Macy's Shoe Promotion
Manhattan Eye, Ear and
Throat Hospital
Nassau Community College
New Center College



Laura Norman's Media & Public Appearances (continued)

Public Appearances (contd.)

Newlife Expo
 New York College of Podiatric
 Medicine
 New York Open Center
 New York University
 Parents without Partners
 Rehabilitation Counselors
 For Drug & Alcohol
 Abuse
 St. Luke's Roosevelt Hospital
 St. Mary's Hospital for
 Children
 Sloan Kettering
 Southampton College
 Swedish Institute
 Time Life Books
 Wholelife Expo

**Books Citing The Laura Norman
Method**

Bodywork/Wm. Morrow & Co.
Healing for Women/Rodale Press
Massage: Total Body
Relaxation/Time Life
 Books
New Choices in Natural Healing
Healing/Rodale Press
NY Book of Beauty/City & Co.
The Family Guide to Natural
Medicine/Reader's
 Digest
The Illustrated Encyclopedia of
Body-Mind Disciplines/
 Rosen
The Complete IDIOT'S Guide™ to a
Healthy Relationship/Alpha Books
Spa Magic/Perigee Books
Modalities for Massage and
Bodywork/Elsevier Publishing

Book Signings

Barnes & Nobles at Citicorp
 (New York, NY)
 Barnes & Nobles at Rockefeller
 Center (New York, NY)
 Borders at 32nd St. & 2nd Ave.
 (New York, NY)
 Crystal Essence (Great
 Barrington, MA)

Newsletters

Ralph Lauren Newsletter